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The following is the interpretation of the CIF with respect to when outdoor and indoor sports may resume according to the updated youth sports guidance document issued by the California Department of Public Health on March 4, 2021.

Outdoor Sports:

CIF member schools in counties with an adjusted case rate of 14 or less per 100,000 may begin all outdoor sports, including CIF high contact outdoor sports, following the updated CDPH youth sports guidance published on February 19, 2021.

With respect to testing, CIF member schools must conduct weekly antigen or PCR testing in the sports of water polo and football when the adjusted case rate of their county is between 14 and 7 per 100,000. Please go to the link below for more information regarding the state testing program and FAQs regarding testing protocols:

<https://testing.covid19.ca.gov/school-testing/>

Indoor Sports (and Outdoor Sports in counties with an adjusted case rate of greater than 14 per 100,000):

CIF member schools may elect to resume all indoor sports, and outdoor sports in counties with an adjusted case rate of greater than 14 per 100,000, if the team adheres to the additional requirements as specified in the Institutions of Higher Education (IHE) Guidance dated September 30, 2020. Please go to the CDPH youth sports guidance document updated on March 4, 2021 (under the Section entitled, "Conditions for Return to Play if Not Otherwise Authorized") for a summary of these requirements.

With respect to testing under the IHE Guidance, all high risk (as defined in IHE Guidance) indoor sports and high risk outdoor sports in counties that still have an adjusted case rate of greater than 14 per 100,000 must conduct either daily antigen testing or periodic PCR testing* until their county reaches the appropriate tier to begin the indoor sport or the adjusted case rate of 14 or less per 100,000 for outdoor sports. However, as stated above in the Outdoor Sports section, the CIF sports of water polo and football must continue to test while the adjusted case rate of their county is between 14 and 7 per 100,000.

*The CIF is awaiting clarification and guidance from the CDPH regarding the definition of "periodic" PCR testing.

This is not meant to be inclusive of all details in the updated CDPH guidance but a summary of the main areas that distinguish between the youth sports guidance and the IHE guidance with respect to when outdoor and indoor sports may resume and the type and frequency of the testing required. Please go to the link below for more information and to view the CDPH guidance document in its entirety.

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/outdoor-indoor-recreational-sports.aspx>

This document is a summary of the CIF's interpretation of the updated CDPH guidance for outdoor and indoor youth sports. This summary is not intended as legal advice.